


Brighton Grammar School

WEEK COMMENCING OCT 3, 17, 31 & NOV 14

| MONDAY | | |
|---|---|------|
| recess snack | Large veggie spring roll | 2.00 |
| recess  | Small w rap with scrambled egg & spinach | 4.50 |
| salad  | Caesar salad w ith chicken | 5.00 |
| chefs special  | Beef curry with steamed rice(gf) | 5.50 |
| main | Large beef lasagna w ith shaved parmesan | 6.00 |
| vegetarian  | Spinach & ricotta homemade pastries | 5.00 |
| snack  | Sw eet chilli chicken w rap with sweet chilli mayo & greens | 5.50 |
| TUESDAY | | |
| recess | Jumbo toasted sandw ich with ham & cheese | 4.00 |
| recess snack  | Glazed chicken drumsticks (gf) | 4.00 |
| salad  | Nicoise salad w ith tuna, potatoes, beans & olives (gf) | 5.00 |
| chefs special | Large chicken parmagana w ith wedges | 6.00 |
| main  | Beef in black bean sauce w ith vegetable fried rice (gf) | 5.50 |
| vegetarian | Macaroni & cheese | 5.00 |
| snack  | Morroccan chicken w rap with tzatiki, & tabbouleh | 5.50 |
| WEDNESDAY | | |
| recess | Chicken & mushroom filo pastry | 5.00 |
| recess | Hot dog w ith caramelized onion, cheese, mustard & tomato sauce | 3.70 |
| salad  | Roasted vegetable salad on a bed of baby spinach(gf) | 5.00 |
| chefs special | Sw eet chilli chicken strips w ith lettuce & tomato salsa in small tortillas(2) | 6.00 |
| main  | Roast beef & mash (gf) | 5.50 |
| vegetarian  | Ricotta & spinach ravioli w ith a Napoli sauce | 5.00 |
| snack  | Beef burger w ith lettuce, tomato, tomato sauce & crispy bacon | 6.00 |
| THURSDAY | | |
| recess snack | Steamed chicken dim sim | 2.00 |
| recess  | Popcorn chicken | 5.50 |
| salad  | Thai style beef salad (gf) | 5.00 |
| chefs special | Chicken ZINGER burger w ith mayonnaise & iceberg lettuce | 5.50 |
| main  | Quesedilla | 5.50 |
| vegetarian  | Stir fried rice w ith veggies & egg (gf) | 5.00 |
| snack | Vietnamese pork rolls | 5.50 |
| FRIDAY | | |
| recess snack | Vegetable pastry w ith tomato relish | 3.00 |
| recess | Chicken burger w ith mayo & cheese | 5.00 |
| salad  | Middle eastern salad w ith chicken | 5.00 |
| chefs special | Fish & shoestring chips | 5.50 |
| main  | Coconut chicken w ith rice(gf) | 5.50 |
| vegetarian  | Risoni w ith semi dried tomato, feta, roasted veggies & spinach(gf) | 5.00 |
| snack | Teriyaki chicken w rap with Asian slaw | 5.50 |

all prices are gst inclusive
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