

JUNIOR SCHOOL SPORTS NEWSLETTER



TUESDAY 21 NOVEMBER

SWIMMING PROGRAM

The ELC to Year 6 Term 4 Swimming program was a great success. We swam 5 sessions per class in PE time and were able to set and achieve key goals in swimming strokes and cardiovascular fitness. The boys embraced the challenge at their level and have improved in a range of areas.

The Year 2 to Year 6 boys practiced racing skills to conclude our swimming program and are well prepared for the racing events come Term 1 next year.

I would encourage all boys and parents to find time in their holidays to continue swimming wherever possible. This could include organised swim lessons, swimming in a public lap pool, swimming in your own pool and of course on holidays and in the beach/bay waters. It is important to keep the boys supervised at all times and is a great opportunity for them to share their skills with you.

I look forward to seeing the boys back at school in the New Year with lessons to begin throughout PE in Week 2. Swim trials for Year 3-6 to be advised.

Please contact [BGS + Swim](#) or (03) 8591 2240 for enquires about after-school lessons for 2024.

Happy Swimming! Mrs Ashcroft

3/4 SPORT – ATHLETICS EXCHANGE V ST KEVIN'S

This Friday 24 November boys in Years 3 and Year 4 will be competing against St Kevin's in an Athletics exchange at St Kevin's - Tooronga Sports Fields. Events will begin at approximately 9:45am and conclude by 11:15am. Boys will be required to wear their sports uniform and ensure they bring their hat, drink bottle and light snack.

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TERM 4 APS SPORT

Wednesday 22 November is the final APS Sport fixture for 2023. Congratulations to all the boys involved and thank you to all the staff for their commitments and thank you to the parents for your support.

Year 5 student information for Wednesday 29 November and Wednesday 6 December:

- Students in Year 5 will train for their selected APS sport for Term 1, 2024.
- Training will be from 1:20pm – 3:20pm on Wednesdays.
- There will be no Monday after school training from here on.
- Please see below a list of equipment required/optional for Year 5 students to bring:

Cricket

Cricket equipment provided. Boys can bring own cricket kit. **Boys must bring their own box.**

Tennis

Tennis racquet and balls provided. Boys can bring own racquet.

Swimming

- BGS speedos/jammers
- Towel
- BGS swimming cap
- Goggles

Table Tennis

Bats and balls provided. Boys can bring their own bat.

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APS SPORT FIXTURE – WEDNESDAY 22 NOVEMBER

<u>TEAM</u>	<u>OPPONENT/S</u>	<u>VENUE</u>	<u>DEPART/ARRIVE BGS</u>	<u>BUS</u>
6A Touch	SKC	BGS – Crowther Oval (RT End)	Tennis Crts 1:00pm	NA
6B Blue Touch	Haileybury - Newlands	BGS – Crowther Oval (New St, Wing)	Tennis Crts 1:00pm	NA
6B Red Touch	WCW	Wesley College Waverly. 620 High St Rd, Glen Waverly	12:45pm/3:30pm	1
5A Touch	SC	SC – Melville Lower West Morrison St, Hawthorn	12:45pm/3:30pm	2 Bus Share
5B Red Touch	MGS – BLU	BGS – Mitchell Oval 1	Tennis Crts 1:00pm	NA
5B Blue Touch	MGS – WHT	BGS – Mitchell Oval 2	Tennis Crts 1:00pm	NA
6A Badminton	CGS – Wheelers Hill	BGS Gymnasium	Tennis Crts 1:00pm	NA
6B Badminton	SKC	MSAC	12:45pm/3:20pm	3
5 Badminton	CGS – Wheelers Hill	Sandringham Youth Club	12:45pm/3:20pm	4
5/6 Athletics	CAUL-M, HYC, WCE, SKC & MGS Host: HYC	Sandringham Athletics Track	12:45pm/3:20pm	5
6 Water Polo	Haileybury - Melb	BGS Pool	Tennis Crts 1:00pm	NA
5 Water Polo	SC	SC – Glenn Centre, Pool Morrison St, Hawthorn	12:45pm/3:30pm	2 Bus Share