



LONGFORD & FRASER
— A Leadership Academy for Boys —

The Junior Resilience and Confidence Masterclass for 5 - 8 year old girls and boys

For further details please visit:

GIRLS: www.shineacademy.com.au

BOYS: www.longfordandfraser.com.au

The Masterclass focuses on the early development of the following:

- Resilience
- Social and emotional skills
- Self-respect
- Manners
- How to make and keep friends
- How to deal with bullies
- Developing empathy
- How to be a good sport
- Building a healthy self-confidence
- How to positively handle failure and rejection

The Curriculum is aligned with the current SHINE Academy for Girls and LONGFORD & FRASER programs but tailored in its pitch and delivery to the younger age group.

Term Commencement Dates:

Term 1, 2025: Saturday 8 February

Term 2, 2025: Saturday 26 April

Term 3, 2025: Saturday 26 July

Term 4, 2025: Saturday 11 October

Term 1, 2026: Saturday 7 February

Term 2, 2026: Saturday 2 May

Term 3, 2026: Saturday 18 July

Term 4, 2026: Saturday 10 October

Duration: 8 weeks

Class Environment: supportive, friendly, inspiring high standards

Tutors: Melissa Anderson and assistant

Class Activities: games, role-play, competitions, pair and trio work, basic manners drills, gentle feedback, repetition of skills using fun and innovative teaching methods

Location: Brighton