



St Andrews  
Tennis Club  
Brighton  
CELEBRATING OVER 100 YEARS

# 2026 COACHING SCHEDULE



## HOT SHOTS PROGRAM

Program	Ages	Days/Times	9 Week Term
<b>Hot Shots Red</b>	<b>4-7 yrs</b>	Mon-Fri 4.00pm & Sat 8.00am	\$270.00 (45 minutes)
<b>Hot Shots Orange</b>	<b>7-9 yrs</b>	Mon-Fri 4.00pm & Sat 8.30am	\$270.00 (45 minutes)
<b>Hot Shots Green</b>	<b>9-11 yrs</b>	Mon-Fri 4.00pm & Sat 9.15am	\$337.50 (60 minutes)

## JUNIOR DEVELOPMENT SQUADS/BAYSIDE

Program	Ages	Days/Times	9 Week Term	2 sessions
<b>Junior Group</b>	<b>11-16 yrs</b>	Tues & Thurs 5.00pm	\$337.50 (60 minutes)	NA
<b>Junior Squad</b>	<b>11-18 yrs</b>	Mon & Wed 5.00pm	\$450.00 (90 minutes)	\$787.50

## ADULT GROUPS/CARDIO

Program	Days/Times	9 Week Term	Casual per Week
<b>Adult Group</b>	Tues & Thurs 7.00pm	\$337.50	\$42.50
<b>Cardio</b>	Mon & Wed 6.00pm Mon-Fri 9am & 2.15pm	\$292.50	\$37.50

## PRIVATE LESSONS AND INDIVIDUALISED TRAINING

Program	30 minutes	45 minutes	60 minutes
<b>One on One</b>	\$70.00	\$95.00	\$115.00
<b>Two on One</b>	\$42.50pp	\$55.00pp	\$67.50pp
<b>Three on One</b>	\$37.50pp	\$47.50pp	\$55.00pp
<b>Four on One</b>	\$35.00pp	\$42.00pp	\$47.50pp

### PROGRAM INFORMATION

#### HOT SHOTS

An introductory program for children aged 5-11 yrs using modified courts and equipment in a fun and supportive environment.

#### JUNIOR GROUPS / BAYSIDE DEVELOPMENT SQUAD

Junior Group is the next stage above Hot Shots Green Ball, aimed at beginner to intermediate students aged 11-16 years.

Bayside Development squads are for players competing in junior competition on a Saturday and Sunday.

#### ADULT GROUP

A combination of drills and match play.

#### CARDIO TENNIS

A high-energy group workout for all skill levels. Fast-paced drills, full-body fitness session.

#### PRIVATE LESSONS AND INDIVIDUAL TRAINING

Pricing is for term bookings (normally between 9-11 weeks aligned with school terms) for private lessons. These lessons are billed at the beginning of each term.

Coaching enquiries: Ronan McGrann

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